

HEART

THE HEART IS NOT A PUMP

Contrary to the official theory, findings from embryology and other sources have shown that the heart is not a mechanical pump pushing blood through the blood vessels but that the blood is instead propelled by its own biological force boosted by the heart. In Nature, fluids move in a spiral manner. It has therefore been suggested that the structure of the cardiovascular system is taking full advantage of this natural tendency of fluids to spiral.

The rotary motion of the heart and blood was detected and measured by several researchers:

As early as 1908, **James B. Pettigrew**, Professor of Medicine at St. Andrews University (Scotland), performed dissections of the heart and discovered that the heart muscle has seven muscle layers. Pettigrew postulated that one group of muscles contracts during systole while the other stores energy that is utilized in diastole. In his view, the motion of the heart muscle is like that of a torsional (twisting) pendulum. (*Design in Nature*, 1908).

In the 1920s, scientist and philosopher **Rudolf Steiner** taught his medical students that the spiral flow in the blood vessels of the embryo was propelled by its own biological momentum initiated in the **tubes** that eventually become the heart. The heart is only aiding this process. In *Psychoanalysis and Spiritual Psychology* Steiner states: "The pressure is not the cause of the blood flow but the result of it".

In 1932, Harvard University scientist **J. Bremer** filmed the blood flow in embryos before the formation of the **heart valves**. He observed that the spiralling blood is boosted by the pulsating heart without creating turbulence in the blood. He described two streams in the **heart tubes** that spiral with different forward velocities around their own longitudinal axes and around each other (*Presence and influence of spiral streams in the heart of the chick embryo*, American Journal of Anatomy, 49: 409-440). Bremer's findings were confirmed in 1981 by the surgical studies of A. Arbulu and I. Asfaw: "Not only is the blood flow well maintained in the embryo before the formation of the valves; there are reports of adults in whom both infected **tricuspid and pulmonary valves** were surgically removed and not replaced by prosthetic valves, without significant problems".

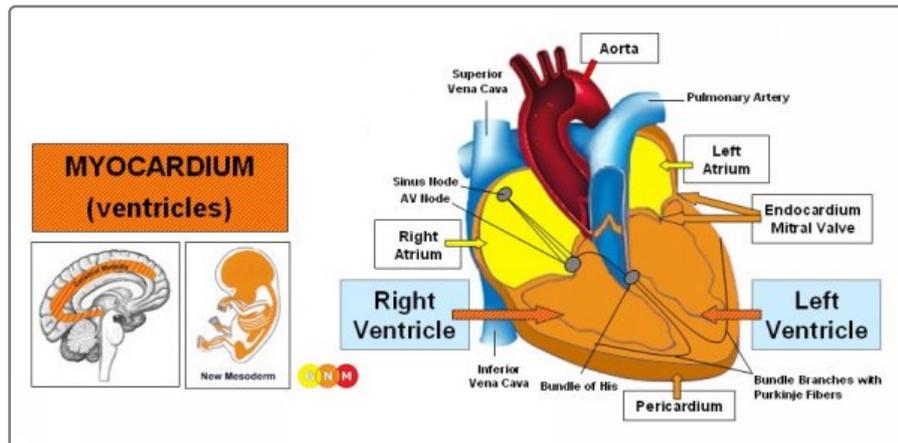
The Austrian researcher **Viktor Schauberger** (1885-1958), celebrated for his extraordinary discoveries of the energy effects of water, stated on many occasions that the heart was not a pump but that the function of the heart was rather that of a regulator of the blood flow. He saw the peristaltic and pulsatory action of the **blood vessels** as the elements responsible for the blood's circulation. According to Professor **Kurt Bergel** (ca. 1925-30) of Berlin University, this function was carried out by the millions of highly active capillaries permeating the body. Bergel had detected this pulsation by observing the small blood vessels that formed around the yolk-sac of a bird's egg. Upon opening the egg, he noticed that blood vessels surrounding the yolk-sac pulsated before they cooled off, although the heart had not yet been formed.

Ralph Marinelli of Temple University in Philadelphia wrote: "When the heart begins to function, it enhances the blood's momentum with spiralling impulses. The arteries serve a subsidiary mimical heart function by providing spiralling boosts to the circulating blood. In so doing the arteries dilate to receive the incoming blood and contract to deliver an impulse to increase the blood's momentum." (*The Heart is not a Pump*, 1995)

The spiral theme is apparent in the function and form of the heart and blood vessel: "The spiral shape on the inner surface of the blood vessels, the temperature differential between core and extremities, and the electromagnetic charge differential between arterial (oxygen-rich) and venous (CO₂-rich) blood also seem to support circulatory action" (Viktor Schauberger). "The musculature of the heart and arteries all the way down to the pre-capillaries is spirally oriented, and both the heart and arteries move spirally to augment the momenta of the blood" (Stonebridge and Brophy, 1991). "The heart moves the way it does because of its bundles of striated muscle fibers, which are oriented spirally in the same direction and work together to effect motion ... in 3D, healthy hearts do their own version of twist. Rather than a simple pumping action, they circulate blood as if they were wringing a towel." (*Harvard School of Engineering and Applied Sciences*, February 24, 2014)

Modern analysis of the heart has shown that the amount of pressure actually required to force the blood through the entire length of the body's blood vessels would have to be able to lift a one hundred pound weight one mile high. Given that the human body contains at least 60,000 miles (96,500 km) of blood vessels, it is inconceivable that the heart would be capable of producing sufficient power needed to circulate the blood (Ernst O. Attinger, *Hydrodynamics of Blood Flow*, Univ. Virginia Med. Center, Charlottesville, VA).

Sources: "The Heart is not a Pump. A Refutation of the Pressure Propulsion Premise of Heart Function" by R. Marinelli et al. (*Frontier Perspectives*, The Journal of the Center for Frontier Sciences at Temple University in Philadelphia, Pa, 1995) and "Living Energies, Viktor Schauberger's Brilliant Work with Natural Energy Explained" by Callum Coats, 1995.



Biological Conflict

Conflict-Active Phase

Healing Phase

DEVELOPMENT AND FUNCTION OF THE MYOCARDIUM (VENTRICLES): The heart is located in the thoracic cavity in between the **lungs**. The base of the heart is closely attached to the **diaphragm**; the **pericardium** envelops the heart and holds it in place. The **coronary arteries** and **coronary veins** run along the inner wall of the heart to supply the heart with blood.

The heart consists of four chambers, the **right and left atrium** (upper chambers) and the right and left ventricle (lower chambers). The two sides of the heart are separated by the septum. The myocardium is the muscular tissue that makes up the majority of the cardiac wall. It forms the thick middle layer between the outer **epicardium**, which is part of the pericardium, and the inner **endocardium** that lines the heart cavities and the **heart valves**. The contractions of the myocardium create the force that initiates the flow of blood through the **blood vessels**. The two ventricles carry the blood out of the heart. From the right ventricle oxygen-depleted blood travels through the pulmonary artery to the lungs (pulmonary circulation) while the left ventricle delivers oxygen-rich blood through the **aorta** to all other organs (systemic circulation). The two **atria** receive the blood returning to the heart. The right atrium receives deoxygenated blood from the superior and inferior vena cava, the left atrium receives oxygenated blood from the lungs through the pulmonary veins. Continuing the blood flow cycle, the atria empty the blood into the right and left ventricles. **Heart valves** positioned within the chambers of the heart open and close allowing the blood to flow in one direction.

NOTE: Throughout the "fish-period", the heart consisted of two tubes with one tube carrying oxygen-rich blood from the gills to organs, the other tube carrying oxygen depleted blood back to the gills (see **pharyngeal ducts**). During the evolutionary period when life moved onto land, the **lungs** developed which allowed oxygen being taken from the air instead of from water. This was the time, when gill breathing was replaced with lung breathing. In order to make room for the newly developing lungs the **heart tubes twisted** about 180 degrees. As a result, the original right tube became the left heart chamber with the **left atrium** and left ventricle and the original left tube became the right heart chamber with the **right atrium** and the right ventricle. The septum separated the heart into two distinct units. The **coronary vessels** laid on the inner surface of the heart developed from the **pharyngeal arch arteries** (see also **aorta, carotid arteries, and subclavian arteries**).

In the human embryo the two heart tubes develop during the first 21 days. Starting on the 22nd day, the heart tubes begin to merge. The twist of the embryonic heart occurs between the 22nd and 24th day. The blood flow is well maintained before the formation of the **heart valves** (see **J. Bremer**).



This picture shows the two heart tubes of a human embryo before the twist.

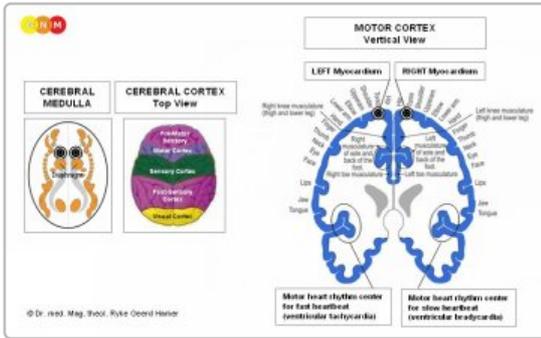
In [this video](#) Alexander Tsirias shares a powerful visualization of the human development from conception to birth.

The AV node (atrioventricular node), situated on the border between the right atrium and right ventricle, picks up the electrical signals for the heartbeat from the sinus node (in the right atrium) and sends them to the bundle of His that carries the cardiac impulse through the bundle branches to the Purkinje fibers. The Purkinje fibers are composed of specialized muscle cells that are able to transmit the electrical discharge more quickly to the ventricles than the other parts of the **heart's conduction system**.

NOTE: Originally, the entire heart consisted solely of **smooth muscle**. Over time, the smooth muscles of the ventricles were for the most part (about 90-95%) replaced by more efficient **striated muscles**. Hence, today, the Bundle of His conducts the atrial excitation only to the smooth ventricular muscles.

The **striated muscles** of the ventricles originate from the **new mesoderm** and are controlled from the cerebral medulla

and the motor cortex. The **smooth muscle** are controlled from the **midbrain**.



BRAIN LEVEL: The myocardium (incl. the AV node, bundle branches, Purkinje fibers) has two control centers in the cerebrum. The trophic function of the muscle, responsible for the nutrition of the tissue, is controlled from the **cerebral medulla**; the contraction of the ventricles and the ventricular conducting system are controlled from the **motor cortex** (part of the cerebral cortex). The right myocardium is controlled from the right side of the cerebrum; the left myocardium is controlled from the left cerebral hemisphere. Because of the 180 degree twist of the heart tubes there is **NO cross-over correlation from the brain to the organ**. The motor heart rhythm centers control the slow heart beat (**ventricular bradycardia**) and the fast heartbeat (**ventricular tachycardia**).

NOTE: The heart muscle is functionally closely tied to the **diaphragm**. The control centers of the myocardium are therefore located right above the brain relays of the diaphragm.

BIOLOGICAL CONFLICT: The **biological conflict** linked to the myocardium is an **overwhelmed conflict** brought on by negative stress overload (compare with **physically overwhelmed-conflict** related to the **diaphragm**).

NOTE: The **conflict is always with reference to a person or people** (e.g., an overwhelming workload is associated with a demanding boss or with an unsupportive co-worker rather than with the work itself). Whether the right or left myocardium (or both) is affected is determined by a person's **handedness** and whether the conflict is **mother/child or partner-related**. Due to the **twist of the heart tubes**, the principle of laterality **is reversed**. Hence, a **right-handed** person responds to a mother/child-related overwhelmed-conflict with the right myocardium; if the conflict is associated with a partner with the left myocardium. A **left-handed** person responds to a mother/child-related overwhelmed-conflict with the left myocardium; if the conflict is associated with a partner with the right myocardium.

CONFLICT-ACTIVE PHASE: **cell loss (necrosis) of heart muscle tissue** (controlled from the cerebral medulla) and, proportional to the degree of conflict activity, increasing **paralysis of the heart muscle** (controlled from the motor cortex).

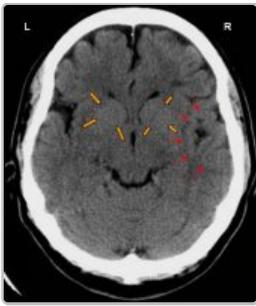
NOTE: The **striated muscles** belong to the group of organs that respond to the related conflict not with cell proliferation or cell loss but with functional loss (see also **Biological Special Programs** of the islet cells of the pancreas (**alpha islet cells** and **beta islet cells**), inner ear (**cochlea** and **vestibular organ**), **olfactory nerves**, **retina** and **vitreous body** of the eyes) or hyperfunction (**periosteal nerves** and **thalamus**). In case of the striated muscles, the conflict-active phase manifests as **muscle paralysis**. From a biological point of view, the paralysis is an innate fake-death reflex in response to danger.

The necrosis takes place on the outside of the myocardium, in the middle, in the inside, or "transmural" (affecting all layers). The loss of cardiac muscle tissue slows the conduction of the heart's electrical impulses since the signal of the **AV node** has to circumvent the necrotized area. This causes **irregular heartbeats** (compare with **bradycardial arrhythmia** and **tachycardial arrhythmia**). The condition is called a **"bundle branch block"** (compare with **AV block**). If the conflict persists, the thin myocardial wall might rupture with blood flowing into the **pericardium** (see **transudative pericardial effusion**). A myocardial perforation could also occur during the **Epileptoid Crisis**. The rupture causes a **cardiac arrest**.

NOTE: According to conventional medicine, the necrosis of the heart muscle is caused by a lack of blood supply due to a coronary occlusion. Based on the GNM knowledge and the latest findings in cardiology, this assumption has proven to be wrong (see **healing phase of the coronary arteries**).

With lasting conflict activity the heart muscle becomes weaker resulting in **physical weakness** (difficulty climbing stairs or walking short distances) because of the reduced ability of the heart to carry sufficient amount of blood into the body's circulatory system. This is medically termed a **myocardial or cardiac insufficiency** (colloquially called a "heart failure"). If the left myocardium is affected, the decreased heart muscle contraction slows the blood flow in front of the left heart. With an intense conflict, the back-up of fluid collected in the lungs leads to acute **shortness of breath** due to the raise of pressure in the lungs and to a **lung edema**, also called cardiac pulmonary edema (compare with **alveolar edema** related to the **lung alveoli**; see also lung edema with **mitral valve insufficiency**). If the right myocardium is affected, the congestion of blood occurs in front of the right heart. The subsequent accumulation of interstitial fluid in the capillaries creates a **peripheral edema** with swelling, particularly in the ankles, feet and legs (see also peripheral edema related to the **leg veins** or **leg bones**). In the conflict-active phase involving the right myocardium the **blood pressure is elevated** (see also hypertension during the **right myocardial heart attack**).

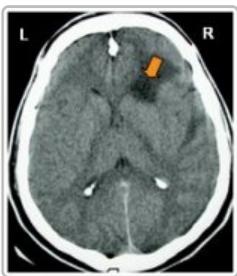
This brain CT belongs to a **right-handed** man who suffered an **overwhelmed-conflict** when his wife left him with their children. The brain scan shows the impact in both myocardium relays in the cerebral medulla (orange arrows - **view the GNM diagram**), associated with his **mother/child and partner side**. The scan also shows a **Hamer Focus** in the brain relay of the **coronary arteries** (red arrows), which reveals that he experienced at the same time



a territorial loss conflict. The uneven, edematous ring indicates that the territorial loss conflict has already been resolved. However, the partly sharp border tells that he has still conflict relapses.

HEALING PHASE: During the first part of the healing phase (PCL-A) the necrosis of the heart muscle is replenished through **cell proliferation**. In conventional medicine the “tumor” could be diagnosed as a **myocardial sarcoma**. With an inflammation the condition is called **myocarditis**. The paralysis of the heart muscle and the related symptoms (shortness of breath, physical weakness, elevated blood pressure) reaches into PCL-A. Recurring healing phases due to continual **conflict relapses** cause an **enlarged heart (cardiomegaly)**. Constant physical exertion, for example in sports, can also result in a large heart *without* an overwhelmed-conflict.

NOTE: All organs that derive from the new mesoderm (“surplus group”), including the myocardium, show the **biological purpose at the end of the healing phase**. After the healing process has been complete, the organ or tissue is stronger than before, which allows to be better prepared for a conflict of the same kind.



In PCL-A, an **edema** develops in the corresponding brain relay. This CT scan shows such a **brain edema** in the area of the cerebral medulla that controls the right myocardium (view the GNM diagram).

During the **EPILEPTOID CRISIS** the **brain edema** is expelled through a **sympathicotonic** surge. This is the period when the **myocardial heart attack** occurs. Like the **heart attack related to the coronary arteries**, the myocardial infarction is initiated in the brain! Controlled from the **motor cortex**, the myocardial attack manifests as **contractions of the heart muscle with painful cramps** (“heart epilepsy”). An intense **Epileptoid Crisis** can trigger a generalized **epileptic seizure** with convulsions involving the whole body, leading potentially to a wrong diagnosis.

The rapid contractions of the myocardium causes **tachycardia**, a fast heartbeat, also referred to as **heart palpitations** or **ventricular fibrillation** (compare with **atrial fibrillation** related to the **smooth heart muscle** and **ventricular tachycardia** related to the **coronary veins**). The fast heartbeat serves the purpose to ensure the transportation of blood to and away from the heart. The strong heartbeats are typically felt in the neck area. If the contractions are severe, the heart muscle might tear leading to a **cardiac tamponade** with blood leaking into the **pericardium** (see also **myocardial perforation** in the conflict-active phase). This is usually the case if the heart muscle has already been worn out and scarred due to many **conflict relapses**. With **water retention** (the **SYNDROME**) a rupture is more likely to happen. Under normal circumstances, however, the **smooth part of the ventricular muscles** (about 5-10%) is able to prevent a rupture.

The myocardium is functionally closely tied to the **diaphragm**, the chief muscle of respiration (in the brain, the **brain relays of the diaphragm** are located right underneath the control centers of the myocardium). Hence, the myocardial heart attack is always accompanied by **diaphragm cramps** and **breathing difficulties**, notably with a **right myocardial heart attack** since the wall of the right heart is firmly attached to the diaphragm muscle.

Typically, the **Epileptoid Crisis** is brought on during periods of rest (in **vagotonia**), often during sleep. The healing crisis occurs as a single event or appears in sequences (see **night time coughing fits**). In case of the myocardium, this presents as **sleep apnea** with episodes of cessation of breathing (lasting from a couple of seconds up to two minutes) generated by the contraction of the **diaphragm**. In GNM terms, sleep apnea is essentially a series of “mini myocardial attacks” with short diaphragm cramps. Chronic sleep apnea indicates **conflict relapses** triggered by **tracks** that were established when the original **overwhelmed-conflict** took place. Dreams can also evoke **conflict relapses**! Sleep apnea is more likely when the left myocardium is involved, because the right diaphragm can’t expand as much since the **liver** is positioned directly underneath it. **NOTE:** Sleep apnea also occurs with a **physical overwhelmed conflict** involving only the **diaphragm**.

Conventional medicine knows only one type of heart attack. According to the standard theory, an “acute myocardial infarction” (“anterior myocardial infarction” or “posterior myocardial infarction”) is caused by **cholesterol** plaques or a **thrombus** in the (anterior or posterior) **coronary arteries** that presumably block the blood and oxygen supply to the heart muscle, resulting in a heart attack. In spite of the evidence that the majority of people who suffered a myocardial heart attack had no coronary artery occlusion and normal cholesterol levels, the coronary artery obstruction hypothesis still prevails. Based on the science of GNM, the **myocardium** and **coronary arteries** originate from different **embryonic germ layers**, are controlled from different areas of the brain, are linked to different **biological conflicts**, and cause therefore different types of heart attacks, with very specific – predictable – symptoms.

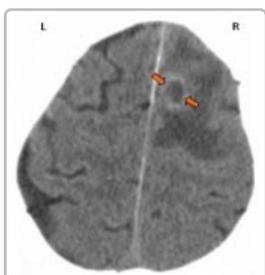
"Concerning heart attacks, we have failed to recognize the significant role of the brain, just as we've overlooked the important role of the brain in cancer."

Dr. med. Ryke Geerd Hamer

A characteristic symptom of the myocardial heart attack is an **acute change of blood pressure** due to the distinctive pathways of the two **circulatory systems**. The right myocardium initiates the flow of blood to the **lungs** (pulmonary circulation) while the left myocardium moves blood via the **aorta** to the rest of the body (circulatory system). Since the distance of blood travelling from the heart through the entire body is much longer than from the heart to the lungs, the left ventricle requires more initial force ("pressure") than the left heart muscle. This also explains why the left myocardium is larger.

Right myocardial heart attack: If the heart attack involves the right myocardium, the blood pressure in the left heart chamber increases quickly leading to **hypertension**. The blood pressure is already elevated in the **conflict-active phase** and in **PCL-A** due to the paralysis of the right heart muscle. During the **Epileptoid Crisis** the blood pressure rises significantly higher in order to compensate the uncoordinated contractions of the right ventricle. Hence, **elevated blood pressure does not cause a heart attack**, as claimed, but is instead a vital, compensatory symptom during the right myocardial attack (see also **kidney parenchyma** with hypertension in the **conflict-active phase** to sustain the function of the kidneys). In contrast, with a **heart attack linked to the coronary arteries** the blood pressure remains in the normal range. **NOTE:** Sustained elevated blood pressure can distort the muscles of the myocardium where the **heart valves** are attached.

Left myocardial heart attack: When the left myocardium undergoes the **Epileptoid Crisis**, the blood pressure in the right heart chamber decreases leading to **hypotension** (see also **hypotension** related to the **Carotid Sinus**). The low blood pressure causes a poor circulation (paleness, light-headedness) and, in acute cases, a complete collapse of the systemic circulation with a loss of consciousness (compare with "**absence**" during a heart attack involving the **coronary arteries**). In order to maintain the cardiac function, the pulse rate accelerates. Because of the drop of blood pressure the left myocardial heart attack is considerably more dangerous than the right myocardial attack. The decreased blood pressure reduces, on the other hand, the risk of a myocardial rupture when the heart muscle cramps ("**heart epilepsy**"). This is why perforations during left myocardial heart attacks are rare. The attempt to raise the blood pressure through medication can result in a rupture of the heart muscle and death.

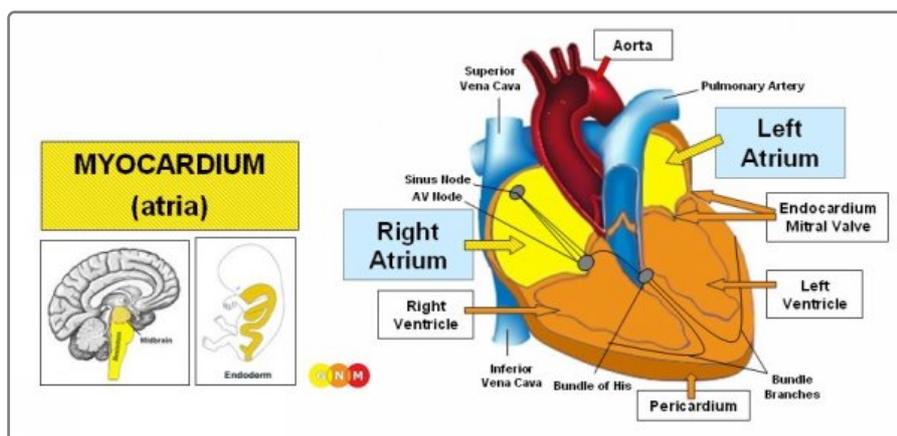


This brain scan shows a **glia-ring** in the area of the motor cortex that controls the contractions of the right myocardium (view the **GNM diagram**).

NOTE: **Neuroglia** (brain connective tissue) restores the brain relay starting from the periphery. The CT, taken shortly after the myocardial heart attack (**Epileptoid Crisis**), indicates the beginning of **PCL-B**.

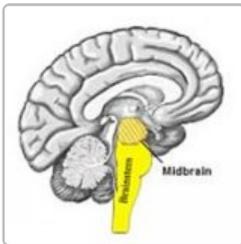


On this brain CT we see the presence of **neuroglia** in the area of the cerebral medulla that controls the trophic function of the right myocardium (view the **GNM diagram**). The second part of the healing phase (**PCL-B**) following the **myocardial heart attack** is already in a more advanced phase. In conventional medicine, the glia buildup is wrongly assumed to be a "**brain tumor**".

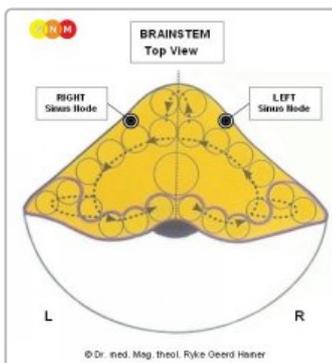


DEVELOPMENT AND FUNCTION OF THE MYOCARDIUM (ATRIA): The right and left atrium constitute the two upper heart chambers. The right atrium receives oxygen-depleted blood from the superior and inferior vena cava; the left atrium receives oxygen-rich blood from the lungs through the pulmonary veins. The atria empty the blood into the right and left ventricles that carry the blood through the pulmonary artery (pulmonary circulation) to the lungs and through the aorta to all other organs (systemic circulation).

The atrial wall consists of smooth muscle (in comparison, the ventricles are mainly composed of striated muscles). Like the intestinal muscles that move the "food morsel" along the intestinal canal through peristaltic motion, the smooth heart muscle continually contracts in order to move the "blood morsel" to the ventricles. The rhythmic contraction of the atria is stimulated by the sinus node (sinoatrial node or SA node) located in the upper portion of the right atrium. The sinus node generates an electrical impulse that initiates the heartbeat and sets the rhythm of the pulse (around 50 to 90 time per minute at rest). From there, the electrical signal reaches the AV node and the bundle of His which carry the cardiac impulse through the bundle branches to the ventricles. The heart rate is also determined by the autonomic nervous system: The sympathetic nerves accelerate the heart rate, for example, during excitement and stress as well as during conflict activity and the Epileptoid Crisis (in sympathicotonia); the parasympathetic nerves slow the pulse during rest and sleep (in vagotonia). The two nerves meet at the sinus node where they influence the frequency of the heartbeat. The smooth muscles of the atria originate from the endoderm and are controlled from the midbrain.



BRAIN LEVEL: The smooth muscles of the atria are controlled from the midbrain, located at the outermost part of the brainstem.



The sinus node in the right atrium (previous left heart tube) is controlled from the left side of the brainstem; the sinus node in the left atrium (previous right heart tube) is controlled from the right brainstem hemisphere. **NOTE:** Because of the 180 degree twist of the embryonic heart tubes there is a cross-over correlation from the brain to the organ.

An ectopic heartbeat (premature atrial contraction) arises in the right sinus node relay; atrial fibrillation arises in left sinus node relay.

NOTE: Originally, the heart had two sinus nodes located in the right and left atrium. The right sinus node (controlled from the right side of the brainstem) was linked to the "intake and transport" of the "blood morsel" (equivalent to the "intake and transport" of the "food morsel" in the intestine); the left sinus node (controlled from the left side of the brainstem) related to the "elimination" of the "blood morsel". With the twist of the heart tubes the innervation from the brain to the sinus nodes switched as well. The left sinus node, controlled from the right side of the brainstem, became responsible for the ejection of blood (into today's aorta), the right sinus node, controlled from the left side of the brainstem, for the suction of blood (from today's vena cava) into the right atrium. Over time, however, the left sinus node atrophied. This is why the right sinus node, situated in the right atrium, is now the single conductor serving the function of both atria.

BIOLOGICAL CONFLICT: The biological conflict linked to the atria of the myocardium is "not being able to move the blood (morsel)". The conflict linked to the atrial myocardium relates to the biological distress that the heart is unable to manage the blood flow and to supply the organism with sufficient amount of blood.

In line with evolutionary reasoning, morsel conflicts are the primary conflict theme associated with brainstem-controlled organs deriving from the endoderm.

The conflict is usually brought on by a diagnosis such as "your blood flow is poor", "your arteries are clogged", "your carotid artery is blocked", or the scare of a heart attack or stroke, including self-inflicted fears (a "family history of heart diseases"). Taking "blood-thinners" can keep the conflict active!

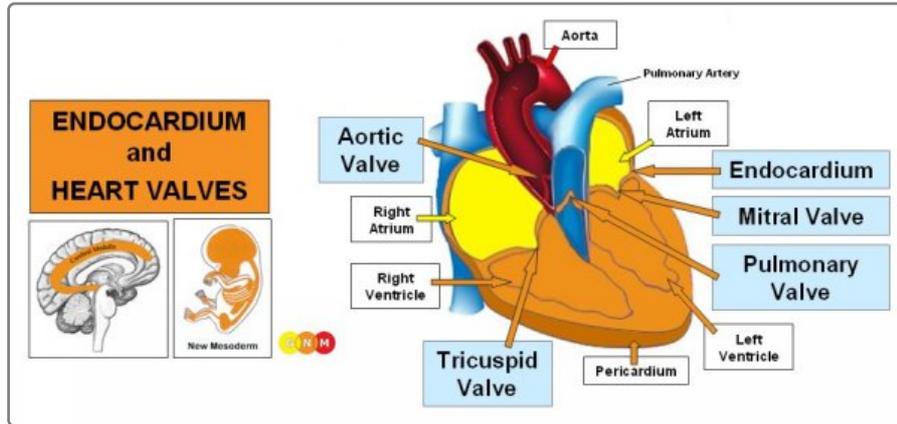
CONFLICT-ACTIVE PHASE: hypertonus of the atrial muscles. The biological purpose of the increased muscle tension is to improve the blood circulation.

HEALING PHASE: During the healing phase the muscle tension goes back to normal. The Epileptoid Crisis manifests as augmented peristalsis of the heart muscle causing atrial fibrillation with tachycardia, an accelerated heartbeat (compare with ventricular fibrillation related to the ventricles and tachycardia during a lung embolism involving the

coronary veins). Recurring episodes occur with every **conflict relapse**. With the completion of the healing phase the heart rate goes back to normal.

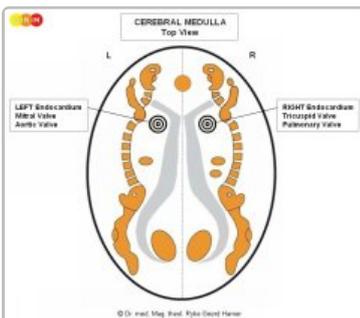
NOTE: Compared to the ventricular muscles, the **Epileptoid Crisis** of the smooth atrial heart muscles does not present as a heart attack but rather as a "heart colic" similar to an "intestinal colic" (see smooth **intestinal muscles**).

An artificial pacemaker designed to stabilize the heart rate by taking over the job of sending out electrical impulses is, according to Dr. Hamer, only useful when the pacemaker activates both the **sinus node** and **AV node** since the two electrical relay stations work together. If, however, the irregular heartbeat originates in the bradycardial or tachycardial heart rhythm center (see **coronary arteries** and **coronary veins**), then it is sufficient to stimulate only the AV node.



Biological Conflict Conflict-Active Phase Healing Phase

DEVELOPMENT AND FUNCTION OF THE ENDOCARDIUM AND HEART VALVES: The endocardium is the innermost layer of the **myocardium**, lining the heart cavities. The myocardium contains four valves that direct the blood flow in one direction. The heart valves are vital to the efficiency of the circulatory systems. The **tricuspid valve**, located between the right **atrium** and the right **ventricle**, opens to empty oxygen-depleted blood into the right ventricle. When the right ventricle contracts, the **pulmonary valve** opens to deliver the blood into the pulmonary artery that carries the blood to the **lungs** where it picks up oxygen (pulmonary circulation). Oxygenated blood returning to the heart enters the left atrium where it is stored until the left atrium contracts. At this point, the **mitral valve** opens allowing the blood to enter the left ventricle. With the contraction of the left ventricle, the **aortic valve** opens to deliver the blood into the **aorta** from where it is distributed to the body's **blood vessels** (systemic circulation). The endocardium and the heart valves are made of **connective tissue**, originate from the **new mesoderm** and are therefore controlled from the cerebral medulla.



BRAIN LEVEL: In the **cerebral medulla**, the right endocardium as well as the tricuspid valve and pulmonary valve, located in the right myocardium, are controlled from the right side of the brain; the left endocardium as well as the mitral valve and the aortic valve, located in the left myocardium, are controlled from the left cerebral hemisphere. **NOTE:** Because of the 180 degree **twist of the embryonic heart tubes** there is no cross-over correlation from the brain to the organ.

BIOLOGICAL CONFLICT: The **biological conflict** linked to the endocardium and the heart valves is a **self-devaluation conflict associated with the heart** (see **connective tissue**). Persistent **angina pectoris**, **heart arrhythmia**, a previous heart attack or the fear of getting a heart attack (because it "runs in the family"), the diagnosis of a "**cardiac insufficiency**", or a doctor's verdict such as "your heart is weak" or "your heart is not working well" are examples of what can trigger the conflict.

In line with evolutionary reasoning, **self-devaluation conflicts** are the primary conflict theme associated with **cerebral medulla-controlled organs** deriving from the **new mesoderm**.

CONFLICT-ACTIVE PHASE: **necrosis (cell loss)** of the endocardium and/or heart valve(s)

HEALING PHASE: Following the **conflict resolution (CL)**, the tissue loss is refilled and replenished with new cells. If the healing of the endocardium or heart valves is accompanied by an inflammation, this causes **endocarditis**. Bacteria such as **staphylococcus bacteria** assist the healing process, provided they are available. Theories that bacteria from an

infected tooth or from the throat ("strep throat") would travel to the heart where they supposedly attach to the heart valves, are totally unfounded. In conventional medicine, the symptoms of endocarditis are classified under "rheumatic fever", even though it is entirely unrelated to rheumatism.

NOTE: All organs that derive from the new mesoderm ("surplus group"), including the endocardium and heart valves, show the **biological purpose at the end of the healing phase**. After the healing process has been complete, the organ or tissue is stronger than before, which allows to be better prepared for a conflict of the same kind.

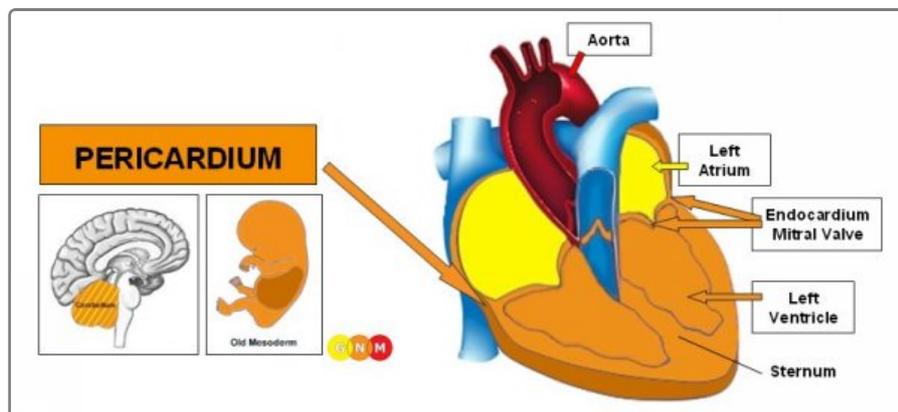
With a hanging healing, that is, when the healing phase is continually interrupted by conflict relapses, the recurring scarification (in PCL-B) eventually impairs the valve(s). **Symptoms** of valve insufficiencies are **heart murmurs**.

A **mitral insufficiency** involves the heart valve situated between the left atrium and the left ventricle. When the mitral valve is affected, the valve does no longer close completely and blood leaks backwards through the valve into the pulmonary veins when the heart muscle contracts (such a leakage can also be the result of a progressive necrosis due to a prolonged conflict-active phase). At that point, the condition is irreversible (compare with the distortion of heart valves caused by a pericardial effusion with a restoration of the valve's function after the healing phase has been complete).

If the scarification thickens the opening of the mitral valve, the orifice becomes narrow and the valve does no longer open fully. This is known as **mitral stenosis**. A narrowing of the mitral opening compromises the free blood flow from the left atrium to the left ventricle, which **increases the diastolic blood pressure** (while the systolic blood pressure decreases). The same applies to a **tricuspid valve stenosis**. At an advanced stage of a mitral valve impairment, surgical procedures might be required in order to prevent a **lung edema** caused by the congestion of fluids in the lungs (see also lung edema related to the myocardium and alveolar edema related to the lung alveoli).

An **aortic insufficiency** develops when the aortic valve between the left ventricle and the aorta does no longer close properly due to the scarification. An **aortic stenosis** occurs when the aortic valve narrows, preventing the valve from opening fully. The obstruction of blood flow impedes the blood flow from the heart into the aorta and to the rest of the body. In this case, the **diastolic blood pressure decreases** (while the systolic blood pressure increases). The same applies to a **pulmonary valve stenosis**. **Symptoms: dizziness, fatigue and weakness**.

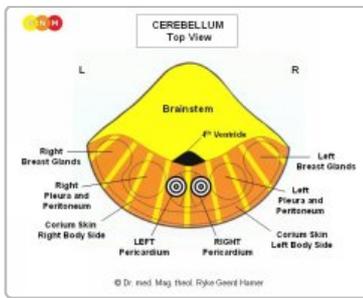
For a person unfamiliar with GNM, the diagnosis of a "heart valve defect" can cause additional self-devaluation conflicts associated with the heart, creating a progressive condition.



Biological Conflict Conflict-Active Phase Healing Phase

DEVELOPMENT AND FUNCTION OF THE PERICARDIUM: The pericardium is a two-layered membrane that envelops and protects the heart. The inner layer (visceral pericardium) is in contact with the heart (epicardium); the outer layer (parietal peritoneum) is attached to the sternum and fused to the diaphragm at the base of the heart. Laterally, the pericardium adheres to the pleura. The visceral pericardium is covered by a cell layer called the mesothelium. The mesothelial cells secrete small amount of serous fluid that fill the space of the pericardial cavity to minimize the friction between the pericardial membranes. In evolutionary terms, the pericardium developed together with the pleura, the peritoneum, and the corium skin. The pericardium originates from the old mesoderm and is therefore controlled from the cerebellum.

BRAIN LEVEL: In the cerebellum, the right pericardium is controlled from the right side of the brain; the left pericardium is controlled from the left brain hemisphere. **NOTE:** Because of the 180 degree twist of the embryonic heart tubes there is no cross-over correlation from the brain to the organ.



BIOLOGICAL CONFLICT: The biological conflict linked to the pericardium is an attack conflict, specifically, an **attack against the heart** (see also attack conflicts related to the pleura, peritoneum, and corium skin).

In line with evolutionary reasoning, **attack conflicts** are the primary conflict theme associated with cerebellum-controlled organs deriving from the old mesoderm.

An attack against the heart is experienced, for instance, through a stab or blow against the heart or through a push or hit in the upper body during a fight or accident (see also pleura). In a transposed sense, "sharp" words (verbal insults) could be perceived as being "cut to the heart". Heart surgery such as a bypass operation or a valve replacement might be registered as an assault against the integrity of the organ. In fact, the announcement of a heart surgery and the mental image of being "cut open" can already trigger the conflict. A diagnosis of a "heart disease" or comments of a physician like "your heart is not working properly", "your ECG results are abnormal", or "your blood pressure is too high, associated with a risk of a heart attack, could easily evoke a fear for one's heart (it might also trigger a self-devaluation conflict affecting the heart valves). The conflict can also be experienced with or in behalf of someone else, let's say, when a loved one suffered a heart attack. Attack conflicts related to the heart also originate inside the chest, for example, with chest pain caused by angina pectoris or during a heart attack.

CONFLICT-ACTIVE PHASE: Starting with the DHS, during the conflict-active phase pericardial cells proliferate proportionally to the degree and duration of conflict activity. The biological purpose of the cell increase is to create an internal reinforcement to protect the heart against further attacks. With prolonged conflict activity a flat or compact growth develops at the site. In conventional medicine, the thickening of the pericardium is diagnosed as a pericardial mesothelioma (see also pleural mesothelioma, peritoneal mesothelioma, omental mesothelioma, and testicular mesothelioma). Since there are no symptoms during the conflict-active phase, the growth is usually only detected during a routine check-up or follow-up examination.

NOTE: Whether the the right or left side of the pericardium is affected is determined by a person's handedness and whether the conflict is mother/child or partner-related. A localized conflict affects the area that is associated with the "attack". Due to the twist of the heart tubes the principle of laterality is reversed. Hence, a right-handed person responds to a conflict related to a partner (triggered, for example, by witnessing the heart attack of a spouse) with the left pericardium. A left-handed person would respond with the right side.

HEALING PHASE: Following the conflict resolution (CL), fungi, TB bacteria or other bacteria remove the cells that are no longer needed. Healing symptoms are pain behind the sternum caused by the swelling, and night sweats. If the required microbes are not available upon the resolution of the conflict, because they were destroyed through an overuse of antibiotics, the additional cells remain. Eventually, the growth becomes encapsulated.

Pericarditis occurs when healing is accompanied by an inflammation. During the healing phase, the fluid in the pericardium is naturally absorbed by the pericardial membrane (dry pericarditis). Concurrent water retention due to the SYNDROME, however, increases the fluid accumulation (wet pericarditis). Wet pericarditis often develops during hospitalization following a heart surgery.

Excessive water retention brought on, for example, by an existence conflict (the distress of a heart attack) generates an exudative pericardial effusion, a buildup of fluid around the heart. In some people, the pericardium is separated at the midline; the effusion occurs therefore only on the affected side (see also pleural effusion). If the pericardium is not divided, the effusion develops in the entire pericardium (circular pericardial effusion). Only the location of the Hamer Focus in the brain reveals on which side the attack conflict was perceived and therefore from which brain hemisphere the Biological Special Program is directed and controlled.

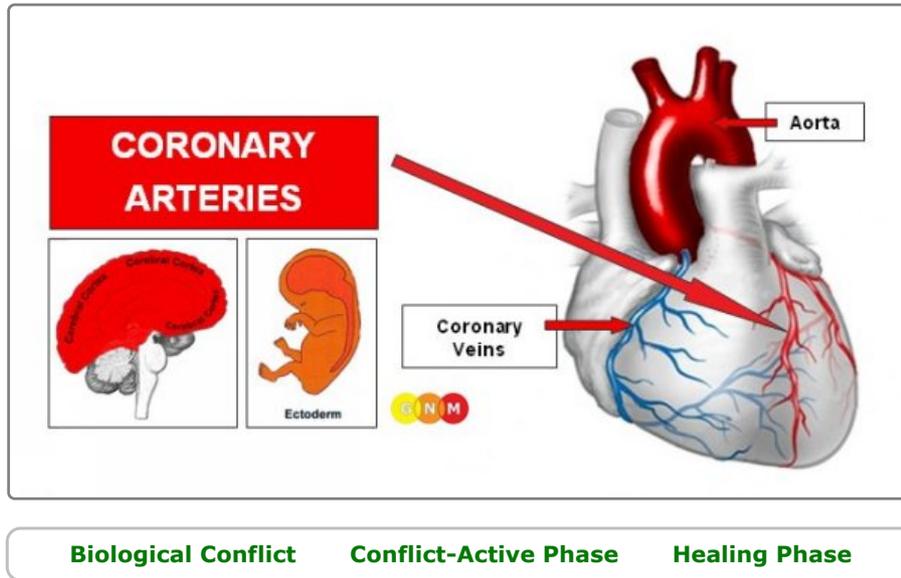
An acute pericardial effusion could become critical because too much water in the pericardium compresses the heart. Medically, this is termed a cardiac tamponade. The tamponade limits the heart's normal range of motion leading to severe breathing difficulties, pressure in the chest, and potentially to a cardiac arrest. This explains why a cardiac tamponade is the most feared complication after a heart attack or following heart surgery.

NOTE: Fluid also enters the pericardium when adjacent ribs or the sternum are in healing; in this case because of a self-devaluation conflict provoked, for instance, by a lung cancer or breast cancer diagnosis. The edema "sweats" through the periosteum into the pericardium creating what is called a transudative pericardial effusion. A transudative pericardial effusion can also occur when the heart muscle ruptures with blood leaking into the pericardium.

The pericardial effusion might distort the heart valve(s). However, after healing has been complete the valves regain their normal function (compare with mitral insufficiency where the condition is irreversible).

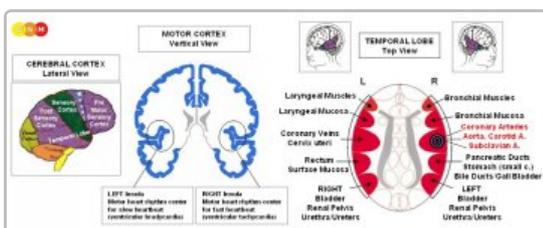


This CT scan shows **scarification (PCL-B)** in the area of the cerebellum that controls the right and left pericardium (view the GNM diagram), which indicates that the **attack conflict** was associated with the entire heart. However, the **Biological Special Program** has been complete.



DEVELOPMENT AND FUNCTION OF THE CORONARY ARTERIES: The coronary arteries and **coronary veins** run along the inner wall of the heart in a crown-like (“coronary”) shape. Two coronary arteries branch off from the **aorta** near the top of the heart. Their main function is to deliver oxygen-rich blood to the **heart muscle**. Contrary to other **blood vessels**, the inner lining of the coronary arteries, the so-called **intima**, consists of highly sensitive **squamous epithelial cells** that originate from the **ectoderm** and are therefore controlled from the cerebral cortex. The arterial wall is composed of **smooth muscle** and **striated muscles**.

NOTE: The coronary arteries are descendants of the pharyngeal arches which consist of **pharyngeal arch arteries** that give rise to several major arteries (see also **coronary veins, ascending aorta, internal carotid arteries, and inner sections of the subclavian arteries**).



BRAIN LEVEL: The coronary artery intima is controlled from the **right insula** (part of the **temporal lobe**). The insula is located deep in the cerebral cortex, exactly at the point where the four cerebral cortices meet (pre-motor sensory cortex, motor cortex, sensory cortex, post-sensory cortex). The trophic relays of the **diaphragm** and of the **myocardium** housing the **AV-node** border on the insula from within.

The control center of the coronary arteries is positioned across from the brain relay of the **coronary veins**.

The **INSULA** is the most important control center in the cerebrum. It is the area of the brain that controls the lining of the large blood vessels (**coronary arteries, coronary veins, aorta, carotid arteries, and subclavian arteries**) that deliver blood to and from the heart. Controlled from the motor cortex, the right and left insula also regulate the slow (bradycardial) and fast (tachycardial) heartbeat. The **bradycardial heart rhythm center** is located in the **right insula**; the **tachycardial heart rhythm center** is located in the left insula. The heart rhythm (slow and fast) constitutes together with the diaphragmatic breathing a superordinate center.

NOTE: The coronary arteries, **ascending aorta, internal carotid arteries, and inner sections of the subclavian arteries** share the same control center and therefore the same biological conflict; which one of these arteries will be affected by the **DHS** is random. The **carotid sinus** is also controlled from the same brain relay but is linked to a different **biological conflict**.

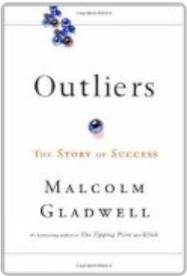
BIOLOGICAL CONFLICT: The **biological conflict** linked to the coronary arteries is a male **territorial loss conflict** or a female **sexual conflict**, depending on a person’s **gender, laterality, and hormone status**.

In line with evolutionary reasoning, **territorial conflicts**, **sexual conflicts**, and **separation conflicts** are the primary conflict themes associated with organs of **ectodermal** origin, controlled from the **sensory, pre-motor sensory and post-sensory cortex**.

A **territorial loss conflict** is experienced through the **loss of the private domain** (a home because of an unexpected move or a divorce, the confiscation of a property, fire, flooding) or a threat to the safety of the place where one lives. Assets of the "territory" that are of personal value such as a car, jewellery, a private collection, stocks, investments, a license, an immigrant status, or a club membership also fall into this category. The **loss of the professional domain** could occur through the loss of a business, bankruptcy, the loss of a workplace because of layoffs, a merger, a transfer, or an early retirement due to illness or cut-backs. Not being able to continue pursuing a **hobby** (playing a musical instrument, painting, writing, gardening, a sports activity) can be perceived as a territorial loss. The conflict also refers to the **loss of the intellectual domain**, for instance, to the loss of one's skills as a result of an accident, or, literally, to the loss of the intellectual property (research results, confidential data, patents, trade secrets). The **loss of a member of the territory** (parent, spouse, partner, child, a pet, friend, colleague, client, customer) because of an argument or a separation can prompt the conflict. Men suffer territorial loss conflicts when they lose a sexual mate. The male territorial loss conflict is the equivalent to the female **sexual conflict** (the brain relays of the corresponding organs, namely of the coronary arteries and the **cervix**, are positioned exactly across from each other in the **cerebral cortex**).

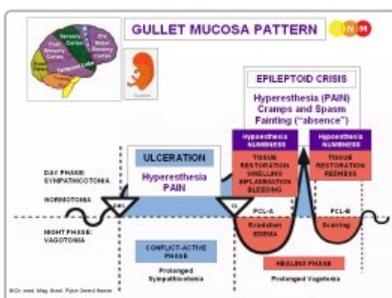
NOTE: If a man is at an age where he can no longer have a territorial loss conflict due to a **low testosterone status**, a **mating conflict** (loss of a sexual mate, sexual rejection, sexual frustration) affects more likely the **prostate** rather than the coronary arteries. This explains why prostate-related symptoms (elevated **PSA**, **prostate hyperplasia**) are more common in older men.

The Roseto Mystery
described in Malcolm Gladwell's novel *Outliers*



The introduction to *Outliers* tells a story about the town of Roseto, Pennsylvania, where the people originally migrated from Roseto, Italy. The people of Roseto amazed doctors with the low occurrence of heart disease in their community. People here were more prone to die from old age than anything else. The doctors performed all kinds of tests, but couldn't figure out why this was. They then looked to the social structure of Roseto. Many of the residents would stop to chat with neighbors. Sometimes three generations of a family would live under one roof. It seems as though it was the sense of community and togetherness that made them live happy, long lives. "No one was used to thinking about health in terms of community."

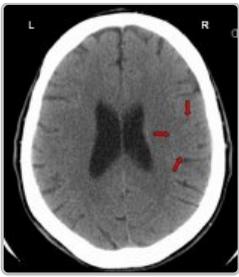
A beautiful example of GNM in Practice



The **Biological Special Program** of the coronary arteries follows the **GULLET MUCOSA PATTERN** with hypersensitivity during the conflict-active phase and the Epileptoid Crisis and hyposensitivity in the healing phase.

CONFLICT-ACTIVE PHASE: **ulceration in the inner lining of the coronary arteries**. The **biological purpose of the cell loss** is to widen the lumen of the coronary vessel so that more blood can flow to the heart. The enhanced energy puts the individual in a better position to get the territory back or establish a new one. The ulceration of the sensitive intima causes **angina pectoris** (and not, as assumed, a **myocardial insufficiency**). Depending on the degree of conflict activity, the **chest pain** ranges from mild to severe. **NOTE:** While conflict active, the person is in a **depressed** mood.

This brain CT shows the impact of a **territorial loss conflict** in the brain relay of the coronary arteries (**view the GNM diagram**). The **sharp border of the Hamer Focus** reveals that the person is conflict active.



HEALING PHASE: During the first part of the **healing phase** (PCL-A) the tissue loss is replenished through **cell proliferation** with **swelling** due to the **edema** (fluid accumulation). The swelling might temporarily occlude the affected artery, particularly with concurrent **water retention** (the **SYNDROME**). However, a narrowing (stenosis) of the coronary vessel can never lead to a heart attack because, should the situation of an occlusion arise, **auxiliary vessels or so-called collaterals act as a natural bypass to supply the heart with blood** (the collaterals are like a dry river bed, so to speak, that are filled with blood within 2-3 days after a coronary blockage. In embryological terms, the collateral **blood vessels** originate from the **new mesoderm**). This clearly refutes the standard theory claiming that a heart attack is caused by a coronary artery obstruction. It also questions the need of bypass operations or angioplasty.

"A study by Rentrop *et al* in the April 1988 issue of *The American Journal of Cardiology* has produced results completely at odds with the coronary artery blockage theory. In an accompanying editorial, Dr. Stephen Epstein of the National Heart, Lung and Blood Institute summarizes Rentrop and colleagues' "extremely important observations." They found that in an advanced state of the narrowing of the coronary arteries, the supply of blood to the heart muscles is fully assured via collaterals that enlarge naturally in response to the blockage. Interestingly, they observed that the more the coronaries narrow, the less danger there is of a heart infarction... Therefore, heart bypass would be redundant to a large degree." (World Research Foundation, 2007)

"Bypass operations don't prolong life or prevent future heart attacks. Nor does angioplasty, in which narrowed vessels are expanded and then, typically, propped open with metal tubes called stents" (Bloomberg Business, 2005)

The lining of the coronary artery is restored predominantly with the help of cholesterol. Hence, during the healing phase, the **cholesterol level rises**. With a **hanging healing**, that is, when the healing process is continually interrupted by **conflict relapses**, the buildup of cholesterol plaques leads to **arteriosclerosis**, a "hardening" of the artery (see also **arteriosclerosis** related to the **aorta**, **carotid arteries**, and **subclavian arteries** and other **blood vessels**).

Cholesterol is mainly produced in the liver. In fact, 80% of the total cholesterol is synthesized within the body; only 20% come from dietary sources. The liver uses fats from foods as raw material to manufacture cholesterol. The so-called LDL-cholesterol, labelled as the "bad cholesterol", is particularly useful as it is very sticky and therefore ideal for repairing the blood vessel wall. Cholesterol lowering medication such as statin drugs suppress the liver's cholesterol production. This is why statin drugs have a negative effect on the liver. Statin drugs also damage muscle tissue, including the **heart muscle**, which is detrimental for the overall function of the heart.

"Making a link between elevated cholesterol and the onset of a heart attack is a fundamental error in scientific reasoning."

Dr. med. Ryke Geerd Hamer

"Cholesterol is important for cardiovascular health. Cholesterol is a necessary ingredient in any sort of cellular repair."

Dr. Ron Rosedale, M.D., *The Cholesterol Myth*

NOTE: During the healing phase of the coronary arteries, the **blood pressure is in the normal range** (see hypertension related to the **right myocardium** and the **kidney parenchyma**). This explains why, according to medical records, many heart attack patients did not have elevated blood pressure prior to the attack.

The **EPILEPTOID CRISIS** is the moment when the heart attack occurs. Like the **heart attack related to the myocardium**, **the heart infarction is initiated in the brain**, precisely, when the **brain edema** that developed in PCL-A is expelled through a sympathetic surge triggered by a brief, pre-programmed reactivation of the conflict. From a biological point of view, the heart attack is crucial, since the heart can only resume its normal function after the **brain edema** has been pressed out.

NOTE: The **Epileptoid Crises** happens three to six weeks after the **conflict resolution**. If an intense conflict activity lasted for more than nine months, the heart attack is most likely fatal (see also **lung embolism** related to the **coronary veins**). However, if the conflict-active phase was shorter than four months, then the symptoms are mild and might not even be noticed. This observation only applies to the coronary vessels!

With **water retention** as a result of an active **abandonment and existence conflict** (hospitalization!) the heart attack is

more dramatic, since the retained water enlarges the **brain edema** significantly.

The heart attack linked to the coronary arteries presents as **acute angina pectoris with strong pain behind the sternum**. The pain might radiate into the left shoulder and left arm. Accompanying symptoms are **cold sweats** and **nausea**. Since the **striated muscles** of the coronary artery wall undergo the Epileptoid Crisis at the same time, **heart vessel spasms occur together with the angina pain**. These muscle cramps are entirely unrelated to the **myocardium**, which is **controlled from a different part of the brain** and linked to an **overwhelmed-conflict**. During the contractions of the coronary artery muscles, cholesterol plaques from the intima might become loose and get carried into the blood stream, where they are washed out in the normal course of blood flow (compare with **lung embolism**).

NOTE: All Epileptoid Crisis that are controlled from the **sensory, post-sensory, or pre-motor sensory cortex** are accompanied by **troubled circulation, dizzy spells**, short **disturbances of consciousness** or a complete **loss of consciousness** (fainting or "absence"), depending on the intensity of the conflict. Another distinctive symptom is a **drop of blood sugar** caused by the excessive use of glucose by the brain cells (compare with **hypoglycemia** related to the **islet cells of the pancreas**).

The real danger of the heart attack is the involvement of the **bradycardial heart rhythm center**. Normally, the heart beats in a regular, balanced rhythm. This, however, changes for the duration of the Epileptoid Crisis when the **brain edema** in the coronary artery relay is expelled. The pressure created by the momentary sympathetic surge slows the pulse, causing **bradycardia** (compare with **tachycardia** related to the **coronary veins**; see also bradycardia related to the **carotid sinus**). Recurring episodes of bradycardial arrhythmia are triggered by **conflict relapses**. If the Epi-Crisis is very intense, the person becomes unconscious; an extremely slow heart rate is fatal.

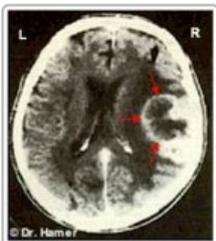
Dr. Hamer: "We viewed the loss of consciousness that occurs during the Epileptoid Crisis as particularly dramatic. With 3-4 heartbeats per minute and even very flat breathing a person can stay alive for a long period of time, basically until the often long lasting absence and the slowdown of the pulse is over. The ECG provides in such cases the evidence."

In conventional medicine, bradycardia is thought to be caused by a blockage of the **electrical conduction system** at the AV node and therefore referred to as an atrioventricular block or **AV block** (compare with "bundle branch block"). **Dr. Hamer's** research, however, shows that the function of the AV node is only to transfer the electrical impulses **from the sinus node to the ventricles**, while the synchronization of the heartbeats is coordinated and controlled from the bradycardial and tachycardial heart rhythm centers located in the insula of the cerebral cortex (see **brain relays of the coronary arteries and coronary veins**).



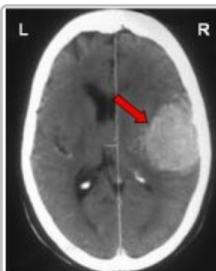
This CT scan shows a **brain edema** (fluid accumulation) in the control center of the coronary arteries (view the **GNM diagram**). The edema developed after the **territorial loss conflict** was resolved (in **PCL-A**). **Water retention** due to the **SYNDROME** enlarges the edema considerably.

NOTE: A large brain edema in this part of the cerebrum might press onto the motor cortex, specifically during the Epileptoid Crisis when the actual **heart attack** occurs. The involvement of the motor cortex results in a temporary paralysis on the left side of the body (see **red stroke**). In conventional medicine, the dark (hypodense) area on the brain scan is interpreted as a "brain infarction", believed to be caused by a blockage of a cerebral artery (see **collaterals** ensuring the cerebral blood flow).



The **glia-ring** in the coronary arteries-relay (view the **GNM diagram**) indicates the beginning of **PCL-B**. The brain scan was taken shortly after the expected **heart attack**.

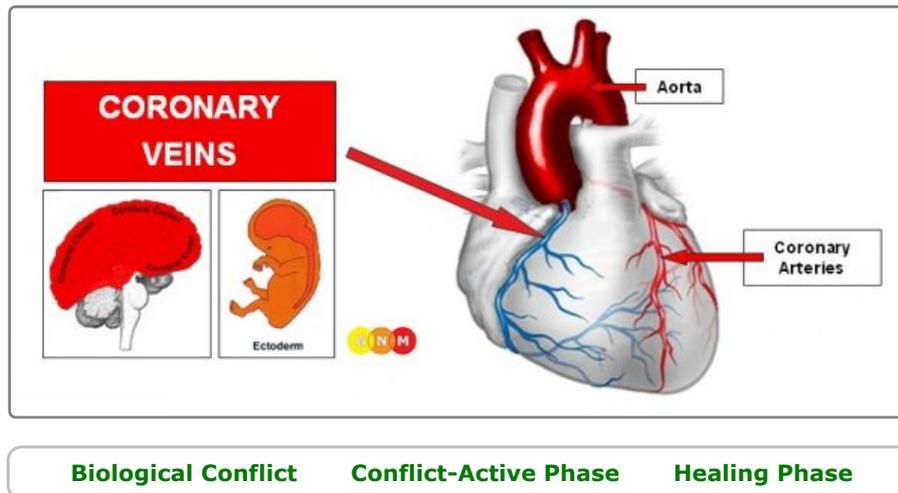
In conventional medicine, the presence of **glia** is diagnosed as a "brain tumor", precisely, as a high grade glioma (glioblastoma) "white on the outside and necrosis in the middle". The brain CT, however, demonstrates that **neuroglia** (brain connective tissue) starts restoring the brain relay from the **periphery**! This is in clear contradiction to the established theory that a cancer, including a "brain cancer", grows through continued cell augmentation leading to the formation of a tumor.



Based on the established "brain tumor" theory, conventional medicine classifies the white (hyperdense) area as a "grade 4 glioma" with a poor prognosis. According to **Dr. Hamer's** research, the buildup of **neuroglia** is a positive sign that the healing process in the coronary arteries (view the **GNM diagram**) is almost complete.

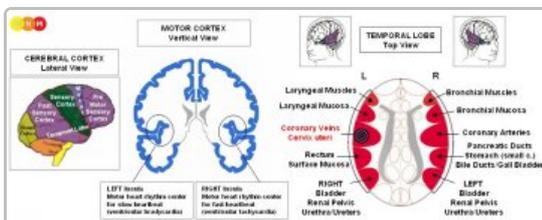
VERIFICATION: On **September 6, 1984**, Dr. E. Mannheimer, MD (Cardiology Clinic, Vienna), Prof. Pokieser and Prof. Dr. Imhof (radiologists at the University of Vienna, Austria) tested Dr. Hamer's findings of the correlation between **heart attacks, territorial**

loss conflict and alterations in the brain, visible as a so-called **Hamer Focus (HH)**. The results confirmed that all heart attacks had occurred after the territorial conflict had been resolved.



DEVELOPMENT AND FUNCTION OF THE CORONARY VEINS: The **coronary arteries** and coronary veins run along the inner wall of the heart. The coronary veins receive oxygen-depleted blood from the heart muscle and empty it into the **right atrium** from where it passes to the **right ventricle** and further into the lung artery and the **lungs**, where the blood picks up fresh oxygen (pulmonary circulation). The pulmonary artery is unique insofar as it is the only artery in the human body that carries de-oxygenated blood. Contrary to other **blood vessels**, the inner lining of the coronary veins, the so-called **intima**, consists of highly sensitive **squamous epithelial cells** that originate from the **ectoderm** and are therefore controlled from the cerebral cortex. The wall of the coronary veins is composed of **smooth muscle** and **striated muscles**.

NOTE: The coronary veins are descendants of the pharyngeal arches which consist of **pharyngeal arch arteries** that give rise to several major arteries (see also **coronary arteries, ascending aorta, internal carotid arteries, and inner sections of the subclavian arteries**).



BRAIN LEVEL: The coronary vein intima is controlled from the **left insula** (part of the **temporal lobe**). The insula is located deep in the cerebral cortex, exactly at the point where the four cerebral cortices meet (pre-motor sensory cortex, motor cortex, sensory cortex, post-sensory cortex). The trophic relays of the **diaphragm** and the **myocardium** housing the **AV-node** border on the insula from within.

The control center of the coronary veins is positioned across from the brain relay of the **coronary arteries**.

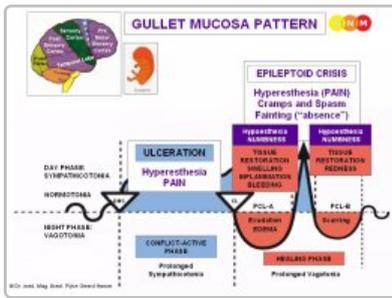
The **INSULA** is the most important control center in the cerebrum. It is the area of the brain that controls the lining of the large blood vessels (**coronary arteries, coronary veins, aorta, carotid arteries, and subclavian arteries**) that deliver blood to and from the heart. Controlled from the motor cortex, the right and left insula also regulate the slow (bradycardial) and fast (tachycardial) heartbeat. The **tachycardial heart rhythm center** is located in the **left insula**; the **bradycardial heart rhythm center** in the right insula. The heart rhythm (slow and fast) constitutes together with the diaphragmatic breathing a superordinate center.

NOTE: The coronary veins and the **cervix uteri** share the same brain relay and therefore the same biological conflict. Hence, **in females the Biological Special Programs run simultaneously**.

BIOLOGICAL CONFLICT: The **biological conflict** linked to the coronary veins is a female **sexual conflict** or a male **territorial loss conflict**, depending on a person's **gender, laterality, and hormone status**. In women, a sexual conflict also affects the **cervix mucosa**.

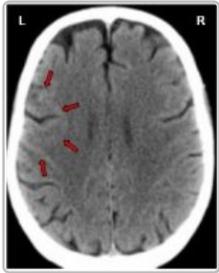
In line with evolutionary reasoning, **territorial conflicts, sexual conflicts, and separation conflicts** are the primary conflict themes associated with organs of **ectodermal** origin, controlled from the **sensory, pre-motor sensory and post-sensory cortex**.

A sexual conflict refers to any **distress concerning sexuality**. This includes painful (first-time) sex, sexual abuse, sexual harassment, unwanted sexual practices, sexual rejection, feeling sexually unwanted, a lack of sexual activity because of an unexpected separation or loss of a mate. Offensive pornography, finding out that the partner or spouse is sleeping with someone else, or interruptions during sexual intercourse can also trigger the conflict.



The **Biological Special Program** of the coronary veins follows the **GULLET MUCOSA PATTERN** with hypersensitivity during the conflict-active phase and the Epileptoid Crisis and hyposensitivity in the healing phase.

CONFLICT-ACTIVE PHASE: ulceration in the inner lining of the coronary veins proportional to the degree and duration of conflict activity. The **biological purpose of the cell loss** is to widen the lumen of the blood vessel to improve the blood flow. The ulceration of the sensitive intima causes **moderate angina pectoris**. In females, the **cervical lining** also ulcerates, which, however, goes unnoticed. **NOTE:** While conflict active, the person is **manic**.



This CT scan shows the impact of a **sexual conflict** in the area of the brain that controls the coronary veins (view the GNM diagram). The **sharp border** of the **Hamer Focus** indicates conflict activity. In females, this also affects the **cervix**.

HEALING PHASE: During the first part of the **healing phase** (PCL-A) the tissue loss is replenished through **cell proliferation**. Like the restoration of the **coronary arteries**, the repair of the coronary veins is mainly accomplished with the help of **cholesterol**.

The **EPILEPTOID CRISIS** presents as a temporary reactivation of **angina pectoris** with **cramp-like chest pain** since the **striated muscles** of the coronary veins are also involved. During the muscle contractions, small pieces of cholesterol plaque are pulled off from the blood vessel wall and are pushed into the lung circulation, where they block the lung artery causing a **lung embolism** with **shortness of breath**. Depending on the intensity and duration of the conflict-active phase, the symptoms range from mild to severe.

NOTE: All **Epileptoid Crises** that are controlled from the **sensory, post-sensory, or pre-motor sensory cortex** are accompanied by **troubled circulation, dizzy spells, short disturbances of consciousness** or a complete **loss of consciousness** (fainting or "absence"), depending on the intensity of the conflict. Another distinctive symptom is a **drop of blood sugar** caused by the excessive use of glucose by the brain cells (compare with **hypoglycemia** related to the **islet cells of the pancreas**).

Conventional medicine claims that a lung embolism is caused by a blood clot that supposedly arises in the lower extremities and travels through the entire venous system, including the heart, all the way to the lungs. In reality, the "pulmonary emboli" are healing scabs originating in the coronary veins. Blood-thinning medication taken at that point to "reduce blood clotting" might contribute to acute bleeding from the **cervix** that undergoes the Epileptoid Crisis at the same time.

NOTE: A **thrombus** (blood clot) forms inside a blood vessel when blood is stagnant, because blood is viscous and thickens when it is not flowing. This happens, for example, when a person is inactive or immobile for a long period of time (following an operation, an induced coma, hospitalization, after an injury or prolonged stay in bed) - see also **leg vein thrombosis**. The main risk of general anesthetics is death from blood clots! Thus, a thrombus in the lungs can prompt a lung embolism without a preceding **DHS**. Whether the lung embolism is related to an **Epileptoid Crisis** or to a thrombus can be easily established with the help of a CT scan (see below). Also, with a lung embolism that occurs during the healing crisis, the condition involves angina pain and tachycardia, which is not the case if the lung embolism is caused by a thrombus. At any rate, a blood clot can never lead to a **heart attack** or **stroke**, as claimed, since in the event of an obstruction **auxiliary vessels supply the heart** and the brain with blood (see also **carotid arteries**). In addition, pathological studies have confirmed that there is no relationship between the occurrence of a blood clot in the arteries and a heart attack, which refutes the thrombus-infarction theory all together. Furthermore, clinical observations have shown that in the treatment of angina pectoris anticoagulants (**blood-thinners**) given to prevent a heart attack are totally inefficient.

Why Thick Blood Protects From a Heart Attack

Researchers at the University Hospital Heidelberg (Germany) "examined mice with elevated blood fat levels and a genetic defect that leads to an increase in blood clotting. The mice developed larger plaques than those without the genetic defect, but the **plaques** were more stable. In addition, **no vascular obstruction was observed, as the vascular wall expanded to adapt to the new situation**. The negative effect of larger plaques on

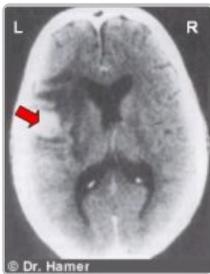
circulation was compensated by the positive effect of stability and a greater vessel diameter. However, the long-term use of anticoagulants (in this case, low molecular weight heparin) reversed these advantages. The size of the plaques was reduced, but stability was lost, increasing the risk of complications.

"Our findings were made on mice, but they confirm the results of clinical studies on humans," says Dr. Isermann. "In addition, in vitro studies show that human cells react similarly to mouse cells." The team assumes that the results can be transferred to humans and recommends weighing the advantages and disadvantages of anticoagulants carefully before administering them to a patient.

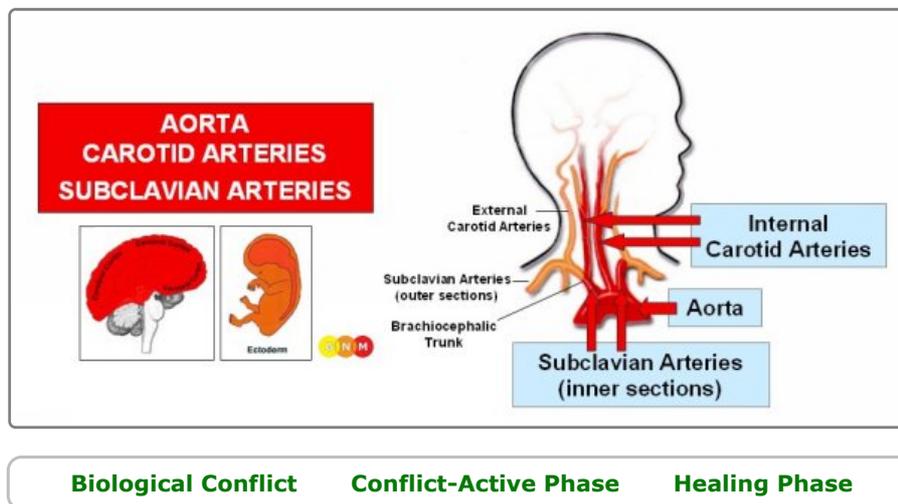
Science News 2009/08

The real danger of the lung embolism is the involvement of the **tachycardial heart rhythm center**. Normally, the heart beats in a regular, balanced rhythm. This, however, changes for the duration of the **Epileptoid Crisis** when the **brain edema** in the coronary vein relay is expelled. The pressure created by the momentary sympathetic surge accelerates the pulse, causing **tachycardia** (compare with **bradycardia**, a slow heartbeat, related to the **coronary arteries**; see also **ventricular tachycardia** and **atrial tachycardia**). Recurring episodes of tachycardial arrhythmia combined with rapid breathing (tachypnea) or gasping for breath are triggered by **conflict relapses**. Permanent tachycardial arrhythmia, however, can cause death since the incessant fluttering heartbeats eventually stop the blood flow (hemodynamic stasis).

NOTE: The **Epileptoid Crises** occurs three to six weeks after the **conflict resolution**. If an intense conflict activity lasted for more than nine months, the lung embolism is most likely fatal (see also **heart attack related to the coronary arteries**). However, if the conflict-active phase was shorter than four months, then the symptoms are mild and might not even be noticed. This observation only applies to the coronary vessels!

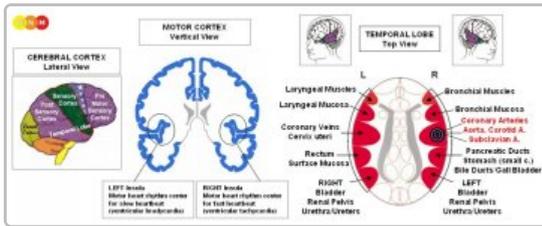


The accumulation of **neuroglia** in the brain relay of the coronary veins (view the **GNM diagram**), indicates that the person has already passed the **Epileptoid Crisis** (lung embolism) and is now in the second part of the healing phase (in **PCL-B**). In conventional medicine, the glia buildup is wrongly assumed to be a "brain tumor".



DEVELOPMENT AND FUNCTION OF THE AORTA, CAROTID ARTERIES, AND SUBCLAVIAN ARTERIES: The aorta is the main artery of the body. The aorta arises at the **pericardium** directly after the **aortic valve** where it takes the blood from the left **ventricle** and distributes it to the rest of the body (systemic circulation). Anatomically, the aorta is a tube that extends from the heart upward (ascending aorta), curves over the heart (aortic arch) and continues downward through the chest (descending aorta). There it subdivides into the **thoracic aorta** and **abdominal aorta**. The **carotid arteries** run along both sides of the head and neck. The internal carotid arteries carry blood from the heart to the brain; the **external carotid arteries** deliver blood to the face and the scalp. The **cerebral arteries** arise from the internal carotid artery. The **subclavian arteries** are paired arteries below the collar bone that supply the arms with blood. The left subclavian artery arises from the aortic arch; the right subclavian artery branches off the brachiocephalic trunk that merges with the right carotid artery. Contrary to other **blood vessels**, the inner lining of the ascending aorta, the internal carotid arteries, and the inner sections of the subclavian arteries consists of **squamous epithelium**, originate from the **ectoderm** and are therefore controlled from the cerebral cortex. The arterial wall is composed of **smooth muscle** and **striated muscles**.

NOTE: The descending aorta, the external carotid arteries, the outer sections of the subclavian arteries, and the cerebral arteries originate from the **new mesoderm** and are controlled from the cerebral medulla (see **blood vessels**). Eventually, the mesodermal and ectodermal sections joined. The ascending aorta, internal carotid arteries, and inner sections of the subclavian arteries are descendants of the pharyngeal arches which consist of **pharyngeal arch arteries** that give rise to several major arteries (see also **coronary arteries** and **coronary veins**).

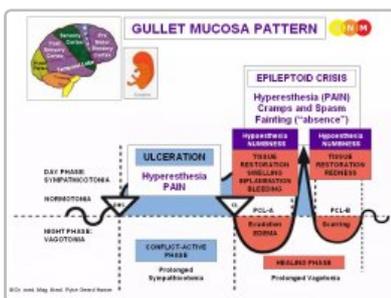


BRAIN LEVEL: The squamous epithelial lining of the ascending aorta, internal carotid arteries, and inner sections of the subclavian arteries is controlled from the **right insula** (part of the **temporal lobe**). The insula is located deep in the cerebral cortex, exactly at the point where the four cerebral cortices meet (pre-motor sensory cortex, motor cortex, sensory cortex, post-sensory cortex). Their control center is positioned across from the brain relay of the **coronary veins**.

NOTE: The ascending aorta, inner carotid arteries, inner sections of the subclavian arteries, and the **coronary arteries** share the same control center and therefore the same biological conflict; which one of these arteries will be affected by the **DHS** is random. The **carotid sinus** is also controlled from the same brain relay but is linked to a different **biological conflict**. The descending aorta, external carotid artery, and outer sections of the subclavian arteries are linked to a **self-devaluation conflict**.

BIOLOGICAL CONFLICT: a male **territorial loss conflict** or a female sexual conflict, depending on a person's gender, laterality, and hormone status (see **coronary arteries**).

In line with evolutionary reasoning, **territorial conflicts**, **sexual conflicts**, and **separation conflicts** are the primary conflict themes associated with organs of **ectodermal** origin, controlled from the sensory, pre-motor sensory and post-sensory cortex.



The **Biological Special Program** of the aorta, carotid arteries, and subclavian arteries follows the **GULLET MUCOSA PATTERN** with hypersensitivity during the conflict-active phase and the Epileptoid Crisis and hyposensitivity in the healing phase.

CONFLICT-ACTIVE PHASE: **ulceration** in the affected artery proportional to the degree and duration of conflict activity. The **biological purpose of the cell loss** is to widen the lumen of the arterial vessel to improve the blood flow. **Symptoms:** **pain** ranging from mild to severe. **NOTE:** While conflict active, the person is in a **depressed** mood.

If the conflict persists, the blood vessel wall becomes weak causing a localized bulge at the ulcerated area. This is called a **carotid artery aneurysm** or **subclavian artery aneurysm** (compare with **abdominal aortic aneurysm** and aneurysms related to the **external carotid artery**, the **outer sections of the subclavian arteries**, or **cerebral aneurysm**). Small aneurysms may go completely unnoticed. However, as the aneurysm increases in size there is a greater risk of rupture with bleeding into the surrounding tissue and potentially serious complications. Normally, the smooth muscle fibers embedded in the striated muscles of the arterial wall stabilize the blood vessel to prevent a rupture. An aneurysm rupture therefore only occurs because of a vigorous move or heavy lifting.

HEALING PHASE: During the first part of the **healing phase (PCL-A)**, the tissue loss is replenished through **cell proliferation** with **swelling** due to the **edema** (fluid accumulation) in the healing area. The blood vessel wall is repaired mainly with calcium and **cholesterol**. With a **hanging healing**, that is, when the healing process is continually interrupted by **conflict relapses**, the buildup of cholesterol deposits eventually leads to **arteriosclerosis**, a "hardening" of the artery (see also arteriosclerosis related to the **coronary arteries** and other **blood vessels**). A large swelling, usually because of concurrent **water retention** due to the **SYNDROME**, and the accumulation of arteriosclerotic plaques can lead to a narrowing of the artery with dizziness and fainting, if the carotid artery is affected (**carotid artery stenosis**).

"Observations that a small proportion of stroke patients have severe carotid stenosis and that many elderly people have severe carotid stenosis but no symptoms suggest that the degree of stenosis is not the sole variable in predicting stroke risk."

American Journal of Neuroradiology, January 1999

NOTE: All **Epileptoid Crises** that are controlled from the **sensory**, **post-sensory**, or **pre-motor sensory cortex** are accompanied by **troubled circulation**, **dizzy spells**, short **disturbances of consciousness** or a complete **loss of consciousness** (fainting or "absence"), depending on the intensity of the conflict. Another distinctive

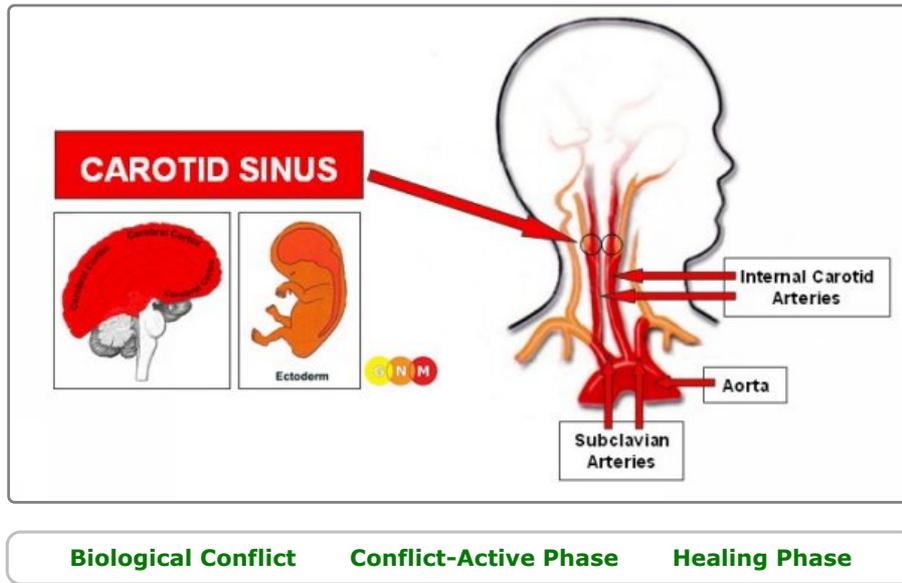
symptom is a **drop of blood sugar** caused by the excessive use of glucose by the brain cells (compare with **hypoglycemia** related to the **islet cells of the pancreas**).

During the muscle contractions that take place in the arterial wall throughout the **Epileptoid Crisis**, small pieces of cholesterol plaque (erroneously believed to be a "thrombus") might break off and travel to the brain. However, a blockage of the carotid artery does not cause a **stroke**, as claimed by conventional medicine. As is the case with an **occlusion of the coronary arteries**, should the situation of an obstruction arise, auxiliary vessels or so-called collaterals act as a natural bypass to supply the brain with blood and oxygen.

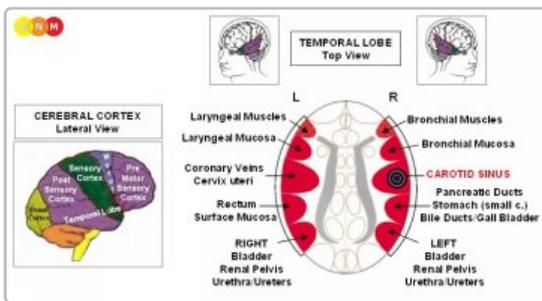
Cerebral Collateral Circulation in Carotid Artery Disease

"In case that one of the major cerebral arteries is compromised by occlusive disease, the cerebral collateral circulation plays an important role in preserving cerebral perfusion through enhanced recruitment of blood flow."

Current Cardiology Review, November 2009



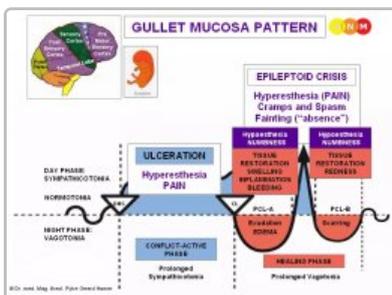
DEVELOPMENT AND FUNCTION OF THE CAROTID SINUS: The carotid sinus is a bulbous area, located bilaterally (on both sides of the neck) close to the point where the carotid arteries bifurcate. The carotid sinus contains pressure receptors that control the body's blood pressure by mediating changes in the heart rate. The lining of the carotid sinus consists of **squamous epithelium**, originates from the **ectoderm** and is therefore controlled from the cerebral cortex.



BRAIN LEVEL: The carotid sinus is controlled from the **right insula** (part of the **temporal lobe**). The insula is located deep in the cerebral cortex, exactly at the point where the four cerebral cortices meet (pre-motor sensory cortex, motor cortex, sensory cortex, post-sensory cortex). Their control center is positioned across from the brain relay of the **coronary veins**.

NOTE: The carotid sinus shares the control center with the brain relays of the **coronary arteries**, the **ascending aorta**, **internal carotid arteries**, and **inner sections of the subclavian arteries**.

BIOLOGICAL CONFLICT: the **blood pressure is too high**



The Biological Special Program of the carotid sinus follows the **GULLET MUCOSA PATTERN** with hypersensitivity during the conflict-active phase and the Epileptoid Crisis and hyposensitivity in the healing phase.

CONFLICT-ACTIVE PHASE: ulceration in the carotid sinus proportional to the degree and duration of conflict activity. The **biological purpose of cell loss** is to lower the blood pressure. Continuous, intense conflict activity causes **carotid sinus hypersensitivity** with marked **bradycardia** (compare with slow heartbeat during the coronary artery-related heart attack) and a **drop of blood pressure** (compare with drop of blood pressure during the left myocardial heart attack).

HEALING PHASE: During the first part of the healing phase (PCL-A) the ulcerated area is replenished through **cell proliferation**. The carotid bulb is repaired predominantly with **cholesterol**. With a **hanging healing** the accumulation of cholesterol plaque, called a **carotid bifurcation atheroma**, narrows the lumen of the carotid artery (compare with carotid artery stenosis causing dizziness and lightheadedness but NOT a stroke (see cerebral collateral circulation in carotid artery disease)).